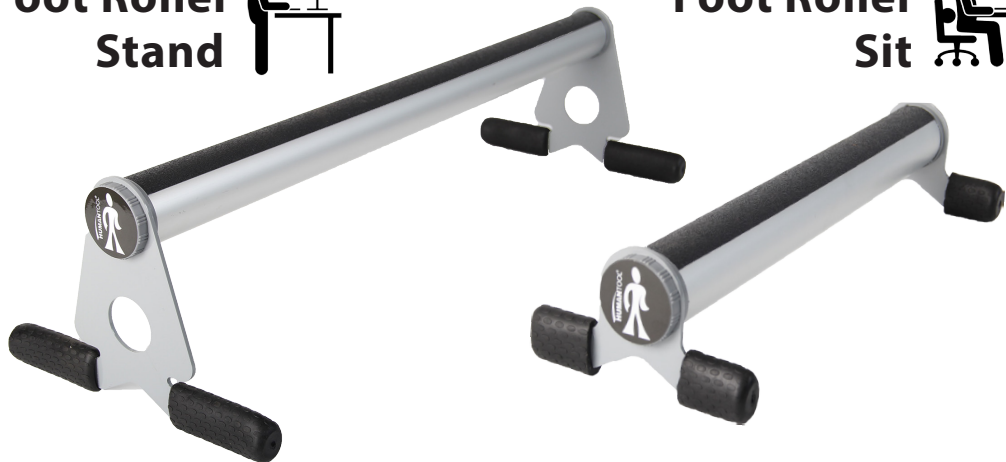


HUMANTOOL[®] Foot Roller



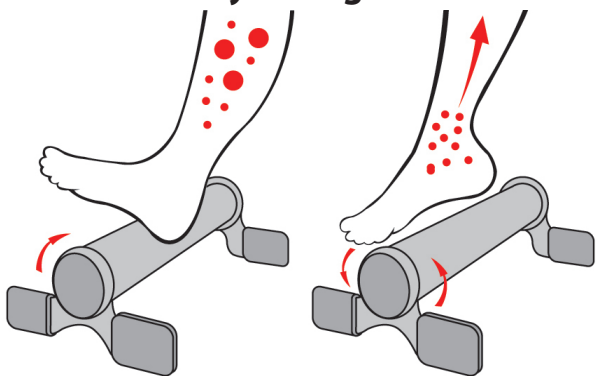
Foot Roller
Stand 

Foot Roller
Sit 



Did you know this about the circulation in your legs ?

The movement of the foot functions as a pump which in addition to the calf muscle is responsible for circulation in your legs. Without this pumping movement, blood would pack down to your legs and cause pain and swelling. This movement comes naturally when we walk and move about.



When we are sitting or standing still, the Humantool Foot Roller is the best fuel for this essential pump which we have developed during the course of evolution.





The Humantool Foot Roller Stand is an excellent aid for a person who needs to stand a lot. Taking turns in relaxing each leg prevents static stress tension in your legs and in the lower back and pelvic area. The movement of your foot on top of the tube-like support is an efficient pump for the circulation and metabolism in your legs. At the same time, you are able to align your pelvis in a good and relaxing neutral position.



The Humantool Foot Roller Sit is a great help and joy for a person who needs to sit often. Lifting your feet on the support roll eases the pressure on your thighs caused by the front edge of the chair. On the tube-like support, the natural swinging motion of the feet can continue effortlessly throughout the day. This makes you feel like you have been out walking, and there is no pain or swelling. Also your lower and upper back are able to move and relax.

Available models:

- **For a person standing:** Length 80 cm, height 15 cm, and weight 3 kg
- **For a person sitting:** Length 50 cm, height 9 cm, and weight 2 kg
- **Colour:** silver-grey aluminium
- **Made in Finland.** Comes with a 2-year guarantee.